

A Prayer for Grief

Bible Verses & a Prayer for the Brokenhearted

Psalm 34:18 (KJV)

“The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.”

Matthew 5:4 (WEB)

“Blessed are those who mourn, for they shall be comforted.”

Revelation 21:4 (WEB)

“He will wipe away every tear from their eyes. Death will be no more; neither will there be mourning, nor crying, nor pain any more, for the first things have passed away.”

Psalm 147:3 (WEB)

“He heals the broken in heart, and binds up their wounds.”

A Prayer

Father, I am grieving, and some days the weight of it feels like more than I can carry. You know who I have lost, and you understand the emptiness they have left behind — the conversations that will not happen, the familiar moments I still reach for out of habit, and the ache that rises when I least expect it.

Thank you that you are near to the brokenhearted, and that not one of my tears is hidden from you. Comfort me in the places no one else can reach. Help me not to feel ashamed of how deeply I hurt or how long healing takes.

Hold hope before me when I cannot hold it for myself. Remind me that death does not have the final word, and that what is kept in your love is never truly lost.

Until the day when sorrow is no more, be my comfort, my strength, and my steady peace — one ordinary morning at a time.

Amen.