

# A Prayer for a Sick Parent

*Scripture & a Prayer for the Waiting Room*

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**Psalm 41:3 (KJV)**

*“The LORD will strengthen him upon the bed of languishing: thou wilt make all his bed in his sickness.”*

**Isaiah 41:10 (WEB)**

*“Don't be afraid, for I am with you. Don't be dismayed, for I am your God. I will strengthen you. Yes, I will help you. Yes, I will uphold you with the right hand of my righteousness.”*

**2 Corinthians 1:3–4 (WEB)**

*“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, that we may be able to comfort those who are in any affliction, through the comfort with which we ourselves are comforted by God.”*

**Matthew 11:28 (WEB)**

*“Come to me, all you who labor and are heavily burdened, and I will give you rest.”*

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## A Prayer

Father, my mom or dad is sick, and I feel small in the face of it. You know every part of this illness — the test results, the long nights, the uncertainty, and the fear I carry with me. Thank you for being near to them, even when I cannot fix what is happening. Thank you for being at their bedside, strengthening and sustaining them in ways I may never see.

Please steady my heart with your peace. Help me not to be ruled by anxiety, but to be a calm, loving presence for them. Give the doctors wisdom, give my parent comfort, and give our family strength for each day.

Lord, I ask for healing. But whatever comes, help us trust that my parent is held in hands kinder and stronger than mine. Give me grace to love them well, courage to face today, and peace in the time we have together.

Amen.