

# A Prayer Before Surgery

*Scripture & a Prayer for the Operating Room*

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**Psalm 56:3 (WEB)**

*“When I am afraid, I will put my trust in you.”*

**Psalm 23:4 (WEB)**

*“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me. Your rod and your staff, they comfort me.”*

**Proverbs 3:5–6 (KJV)**

*“Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.”*

**Psalm 91:1–2 (KJV)**

*“He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust.”*

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## A Prayer

Father, surgery is coming, and I feel the weight of everything I cannot control. You know the fear sitting in my chest tonight — the unknowns, the waiting, and the what-ifs I keep turning over.

Thank you that you will be in that operating room when I cannot be, steadying the hands of every doctor and nurse and watching over every moment. Quiet my racing thoughts, calm my body, and give me the kind of peace that does not depend on knowing the outcome.

Whatever the result, help me trust that I am held by a God who is good and who never leaves. Into your hands I place this body, this day, and the people I love.

Amen.